

# Mental Health Index

## U.S. Worker Edition

### July 2021 Update



#### Methodology:

- Dozens of large US corporations using the Total Brain Platform
- Weekly randomized selection of up to 500 assessments
- Statistical control for cohort effect



# Speakers



**DR. EVIAN GORDON, MD,  
PHD**

Founder and Chief Medical Officer, Total  
Brain



**MICHAEL THOMPSON**

CEO, National Alliance



**COLLEEN MCHUGH**

President, Healthcare Policy Roundtable / HR  
Policy Association



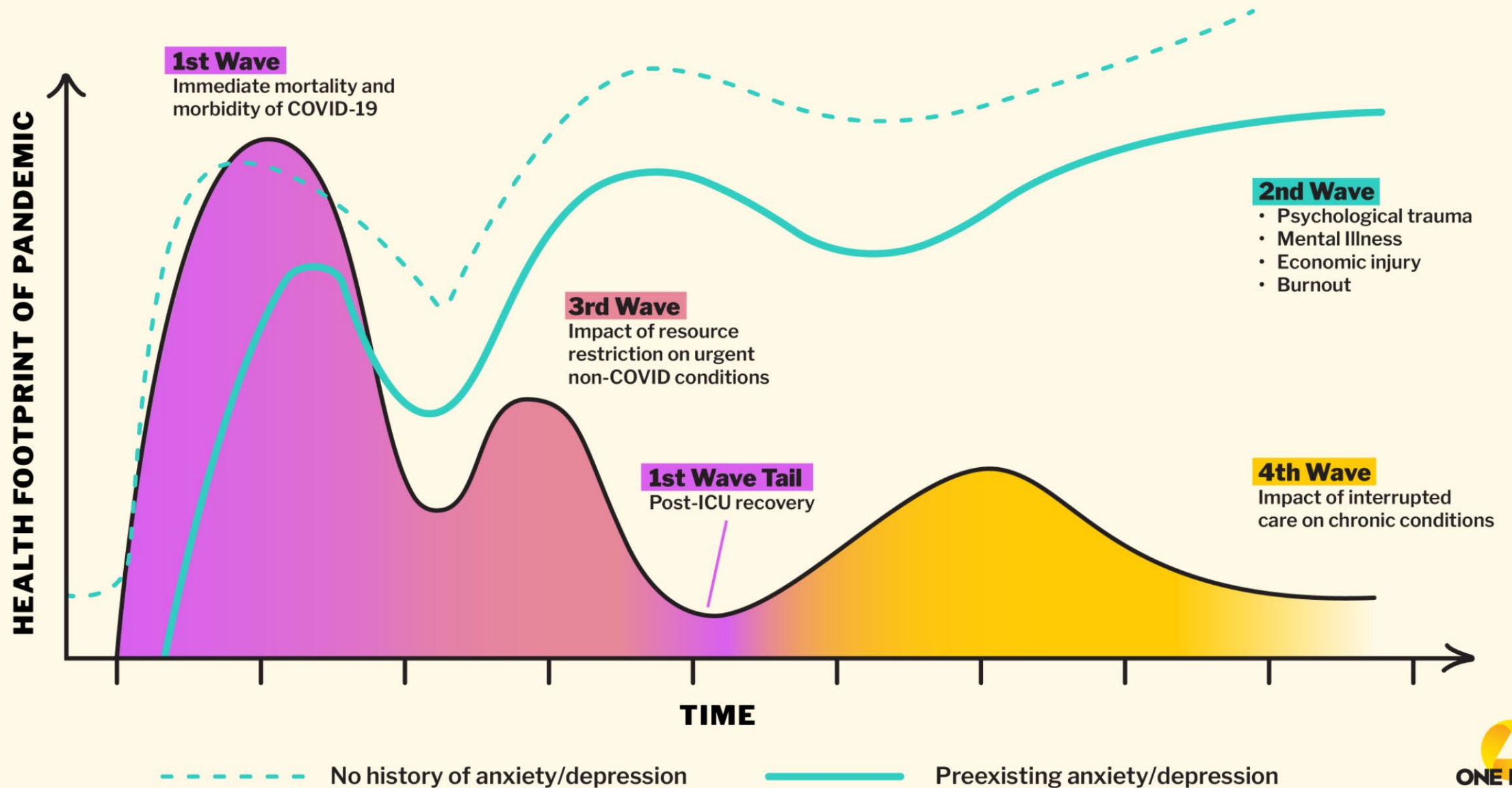
**KATY RIDDICK**

Director of Strategy and  
Engagement, One Mind

## #thisisnormal

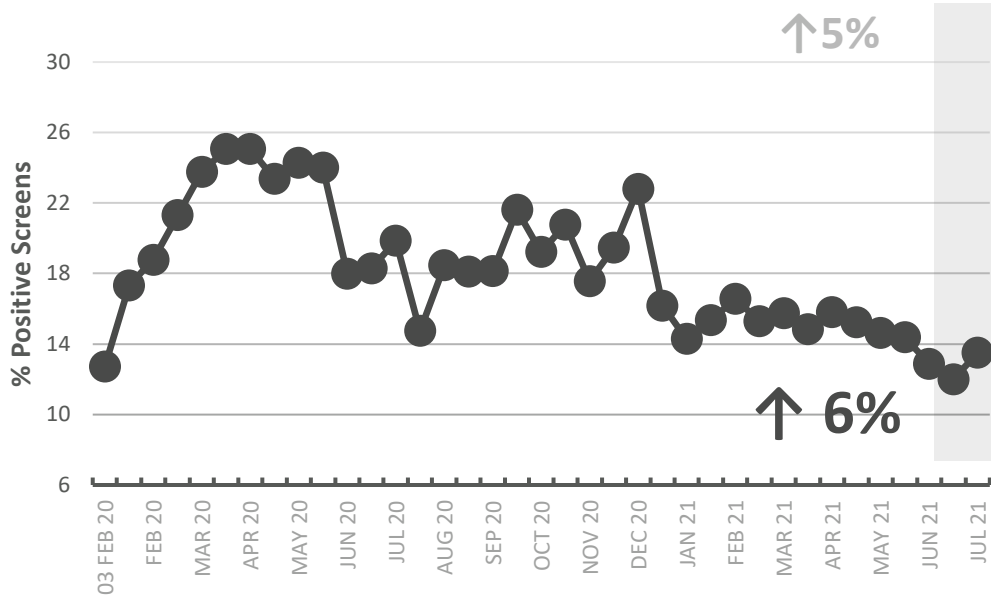


# COVID-19 IMPACT TIMELINE

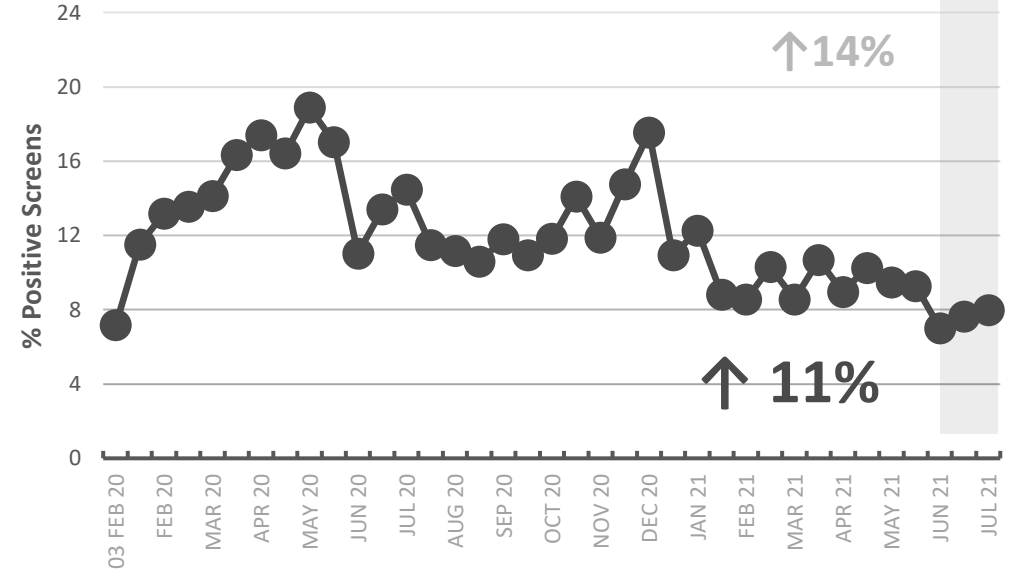


# MHI July-21: Key Risk

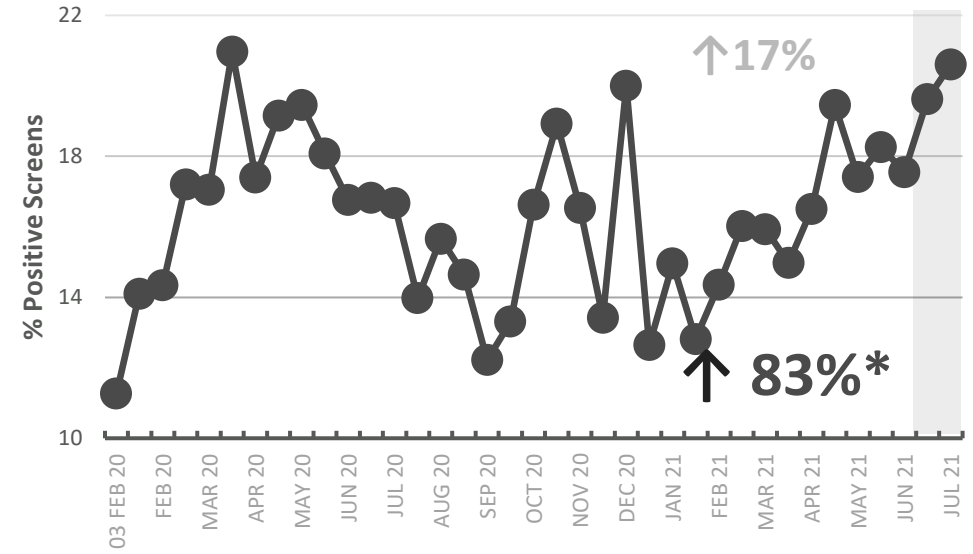
## General Anxiety Disorder (GAD)



## Depressive Disorder



## PTSD

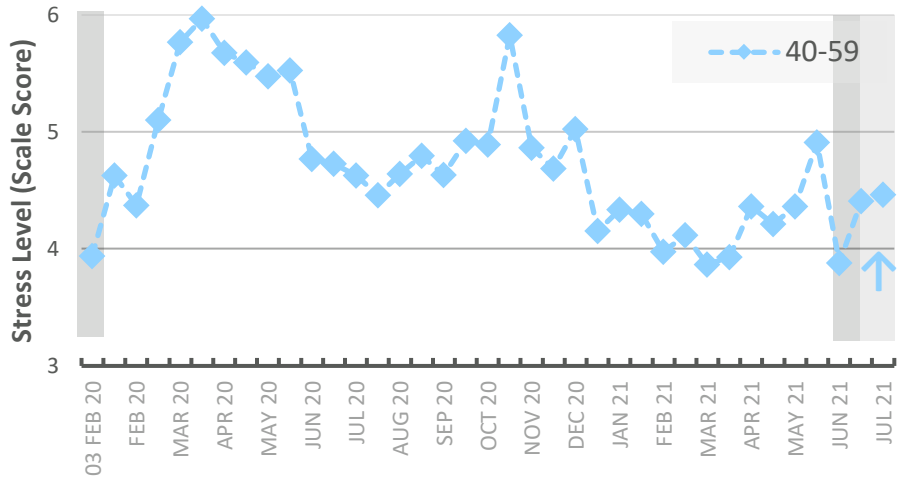


# MHI July-21: Worsening in 40-59 Year Olds



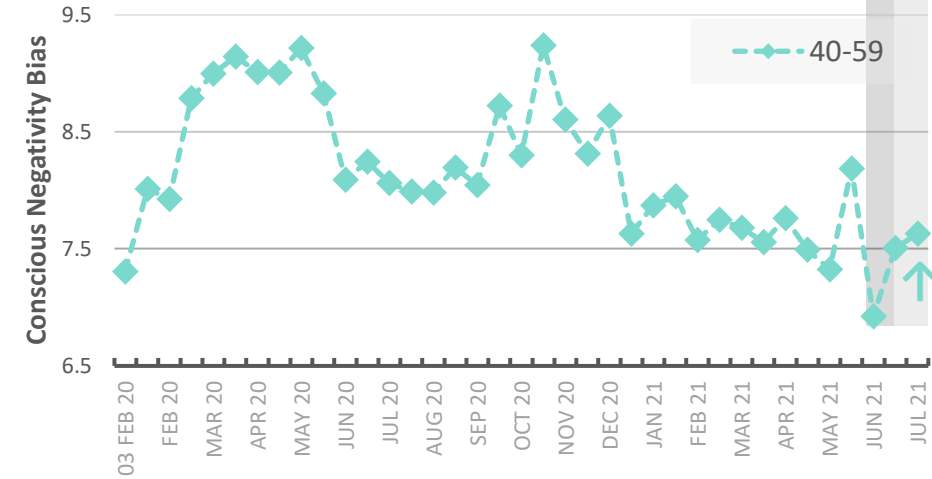
## Stress

15% (trend) higher in the last month in 40-59yrs  
 13% (trend) higher than pre-pandemic in 40-59yrs



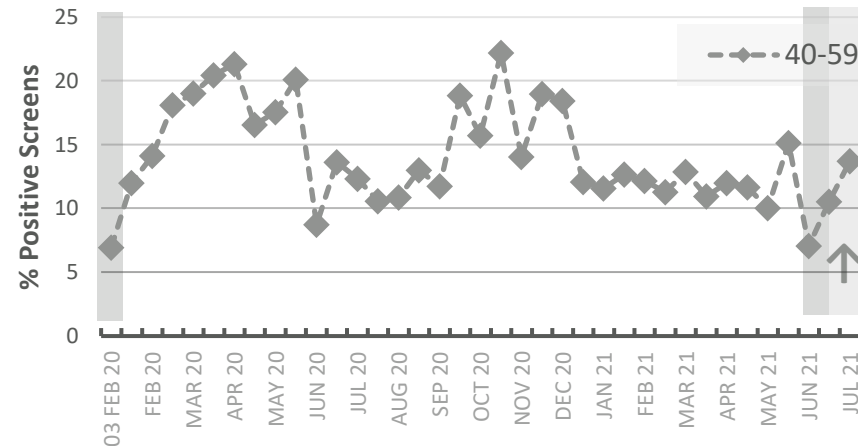
## Conscious Negativity Bias

10% (trend) higher in the last month in 40-59yrs  
 (although not different to pre-pandemic)



## General Anxiety Disorder

94% (trend) higher in the last month in 40-59yrs  
 98% higher than pre-pandemic in 40-59yrs



# Download our New White Paper

## Encouraging Empathy

Understand what empathy is and how to cultivate it.



Visit:

<https://info.totalbrain.com/resources>



# THANK YOU



# Disclaimer

This presentation is issued by Total Brain (ASX: TTB) (“Total Brain”, “the Company” or “we”) to you, is to be held confidentially by you and may not be shared by you with third parties. This presentation is general background information about the Company’s activities current as at the date of this presentation. The information is given in summary form and does not purport to be complete. This presentation is not an offer to sell, or any sale, of securities. Any offer and sale of securities would be done only pursuant to a written agreement between Total Brain and its investors.

Total Brain has made every effort to ensure that the information in this presentation is accurate. However, its accuracy, reliability or completeness cannot be assured. To the maximum extent permitted by law, we and our associates, respective officers, employees and agents, disclaim any liability for any error or omission or for any loss suffered as a result of others acting on the basis of the information contained in this document.

In particular this presentation includes forward looking statements (e.g. phrases with “will” “may”, “would”, “anticipate”, “expect” and other statements about future events, results or outcomes) regarding our belief, intent or expectations with respect to the Company’s businesses, market conditions and/or results of operations, and while our management believes reasonable assumptions have been made, the Company’s actual results may vary in a material and adverse manner, nothing herein is a guarantee of future performance and you are cautioned not to place undue reliance on such statements.

Except to the extent required by law, the Company has no intention to update or

revise forward-looking statements, or to publish prospective financial information in the future, regardless of whether new information, future events or any other factors affect the information contained in this presentation.

Any investment in the Company is subject to various risks, including but not limited to, our technology and science not meeting current expectations, intellectual property challenges, competition in the market, insufficient customer acquisition, legal and regulatory limitations in certain jurisdictions, privacy issues, among others.

Information in this presentation, including financial information, should not be considered as legal, financial or tax advice or a recommendation to investors or potential investors in relation to holding, purchasing or selling securities. Before acting on any information you should consider the appropriateness of the information having regard to these matters, any relevant offer document and in particular, you should seek your own independent financial, legal and tax advice.

